



# 5 Ways to Make the Bible Come Alive

Simple habits to help you reconnect with God's Word and enjoy it again.

from Heather Heggie



## For the Woman Who Wants More

Feeling unsure or intimidated when you open your Bible is something many of us share. I've experienced it too. Even with a deep love for God, His word didn't always feel clear or easy to grasp.

Everything shifted when I committed to showing up regularly. The Bible began to come alive to me. Spending time in God's word let's me see who He is, and in seeing Him, I discover who I am meant to be. This transforms my identity in Christ, grows my confidence and restores my peace.

I find comfort in Scripture knowing that others have wrestled with the very emotions and challenges I experience today. It reassures me that God sees every season and meets me right where I am. The Bible lifts me beyond my feelings and grounds me in His Truth.

This resource was created to help you discover a deep and personal connection with God while reading the Bible. Simple, consistent steps that open the way to greater clarity and understanding.

You are chosen.  
You are known.  
And God's Word is for you.

With love,  
Heather Heggie

## Read the Bible Out Loud

When you read Scripture out loud, something shifts.

You hear it. You feel it. You focus on what's in front of you.

**Speaking Scripture out loud anchors it into your memory and sharpens your focus from distraction.**

And when you say challenging verses out loud, your brain automatically begins working to understand them.

There's also spiritual power in this practice — death and life are in the power of the tongue (Proverbs 18:21). God spoke the world into existence.

When you speak His Word, it builds life and faith inside of you.

## Start Small — Just One Chapter or Passage

You don't have to read for hours to meet with God. Start with one passage, one chapter, and slow down.

**Reading the Bible isn't the goal, being transformed by it is.**

Take time to pause, reflect, and listen. Some of the most life-changing moments come from just one verse understood deeply.

## Circle All Repeated Words

Repetition in Scripture is like God underlining something for you. When words or phrases show up again and again, pay attention. It's usually the main point.

**Circling repeated words sharpens your eye to the author's intent and reveals key truths God wants to emphasize.**

It's a simple step that can unlock a deeper understanding of the passage.

Ask: Why does this word keep showing up? What is God trying to show me here?

## Box All the **People** and **Places**

This is a great visual tool for keeping track of the story.

Draw a simple box around names and locations as you read.

You'll start to see who's in the scene, where they are, and how they connect.

**Understanding the Bible becomes easier as you follow the people and places shaping the story.**

It's like building a mental map of Scripture.

## Ask Every Time: What Does This Tell Me About God?

Every time you open your Bible, ask this one question: What does this show me about who God is?

You'll start to see His character everywhere: His patience, power, faithfulness, and mercy.

**Shifting from, “What can I gain?” to “What does this reveal about God?” widens your perspective.**

The Bible wasn't written to you, but it was written for you.

When you look for God first, you'll find yourself transformed in the process.

Visit [heatherheggie.com](https://heatherheggie.com)  
for more Bible resources.

Heather Heggie

ROOTED IN THE WORD. READY FOR THE WORLD.