



5 Things To Do After You've Read Your Bible

Simple habits to carry Scripture
into the rest of your day.

from Heather Heggie



Let Scripture Shape Your Day

For many of us, reading the Bible becomes another box to check before we rush onto the next thing. But Scripture isn't meant to stay on the page; it's meant to move with us and transform how we think, act, and live.

If Bible reading has ever felt like a task, you're not alone. The good news is that you don't have to add more time or pressure to your routine — just give God's Word a chance to stay with you.

The Bible is most powerful when it stays with you, not just when you read it. Moments with God can transform your day as His words meet you right where you are: in the carpool line, at the kitchen sink, or in the middle of a long workday.

These simple steps help root Scripture in your heart, empowering you to live from truth — not fear or distraction.

Bible reading becomes walking hand-in-hand with God who wrote it for you.

With love,
Heather Heggie

Focus on One Theme for the Day

Choose a single truth or takeaway from your reading and carry it with you.

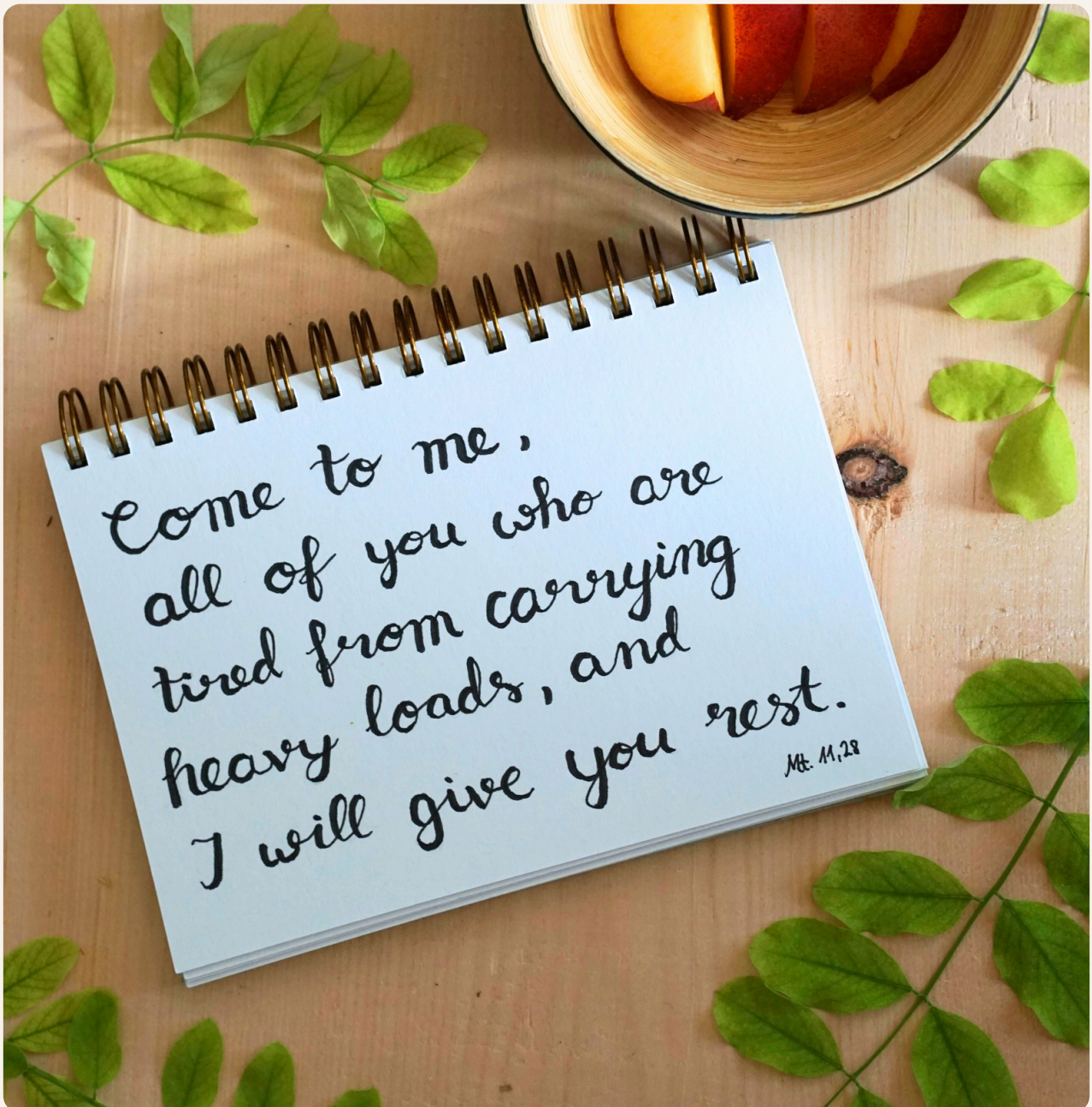
Ask: How does this show me who God is? Let that thought become the lens you view the day through. It's better to hold onto one clear truth than to forget five different ideas. When one truth stays with you, it slowly shapes the way you think, speak, and respond to life.



Write a Verse Where You'll See It

**Pick one encouragement and put it somewhere visible:
mirror, dashboard, fridge, phone wallpaper.**

Every reminder builds confidence and peace throughout the day. The goal isn't decoration, it's repetition. Seeing Scripture often helps it move from your mind to your heart.



Share it with Someone

Tell a friend, spouse, or coworker what stood out to you — even if it's one simple thought.

Talking about Scripture reinforces it and encourages others at the same time. You don't need to preach a sermon, just share what encouraged you. God often uses simple conversations to strengthen both you and the person you're talking to.



Write Down 1–2 Questions

If something confused you, challenged you,
or surprised you, write it down.

Questions aren't a lack of faith, they're an invitation to know God more. You may notice patterns or themes as you collect questions over time. Sometimes answers come later in Scripture, through teaching, or through prayer — and seeing those connections builds confidence.



Memorize a Verse From Your Reading

Pick a short verse or phrase and repeat it throughout the day.

Memorizing God's Word fills your mind with truth when you need it most. You don't have to get it perfect — just keep it close. Speaking and remembering Scripture trains your mind to default to truth in moments of stress, fear, or distraction.



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Heather Heggie

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